



# ALL HANDS ON DECK



# Fitzhugh Park School

## Principal's Message



Happy Fall! The faculty, staff and students at Fitzhugh Park School are continuing to embrace student leadership as our focus this year.

It is my pleasure to announce Fitzhugh Park School continues to be the recipient of a grant from the Richard S. Shineman Foundation for the fourth year which allows our school to continue our work as a "Leader in Me" School!

The most exciting news to happen at the end of last year was FPS was named a "Lighthouse School" which entailed a lot of energy from our faculty, staff and students! We are so proud to obtain this prestigious title!

Also, our Home and School supports this initiative by allocating money to be put towards "Leader in Me" activities and events.

The district Mission and Vision is having your child be "Fully Prepared and Life Ready" while being student centered!

The thrill and excitement throughout the building has been so motivating! We have all been helping each other to make sure that every single student is being led to success! Every time I have walked into classrooms and special area classes, there has been such a positive feeling as I have observed students being proactive, taking ownership over their own learning, self-reflecting and creating synergy together. At Fitzhugh Park, we are continuously encouraging students to "sharpen their saw" in order to feel healthy, happy and balanced!

Open House was a huge success and students were excited to show off their school to their parents/guardians. There are many important papers that have been coming home for you to read and complete. Please make every effort to return these as soon as they are completed. This information is absolutely essential for us to create a safe teaching and learning environment.

**Home & School meetings:**  
November 4th, February 10th, April 20th.

I would really like to have both returning AND new parents join us so that we can all work as a team on important decisions that affect your child's learning experiences. Please know that each and every parent's input is needed and valued. Together, we can make a difference!

If your actions inspire others to dream more, learn more, do more and become more, you are a leader.  
*-Theodore Roosevelt*

**PBIS/LEADER IN ME:** In conjunction with student leadership, Fitzhugh Park School continues to implement and place a significant focus on Positive Behavior Interventions and Supports (PBIS). The four behavioral expectations the faculty and staff will continue to explicitly teach, monitor and reinforce with students are: **BE RESPECTFUL, BE RESPONSIBLE, BE A PROBLEM SOLVER, & BE SAFE/AND IN SELF-CONTROL!** Ask your child how they are demonstrating these important expectations both at school and at home!

Leading the Way Together,  
Principal Simmons

SOMEHOW WE'VE COME TO BELIEVE THAT GREATNESS IS ONLY FOR THE CHOSEN FEW, FOR THE SUPERSTARS. THE TRUTH IS, GREATNESS IS FOR US ALL. THIS IS NOT ABOUT LOWERING EXPECTATIONS; IT'S ABOUT RAISING THEM FOR EVERY LAST ONE OF US. GREATNESS IS NOT IN ONE SPECIAL PLACE, AND IT'S NOT IN ONE SPECIAL PERSON. GREATNESS IS WHEREVER SOMEBODY IS TRYING TO FIND IT.

## October 2019

Issue 1

### October Calendar

Oct. 11...1/2 day. 11:55am dismissal
Oct. 14...Columbus Day NO SCHOOL
Oct. 22... Leader In Me Family Night 5p-6:30p

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## **The Home and School Association is off to a great start!**

Thank you to everyone who came to support fundraising night at Fajita Grill and bought books at the Scholastic Book Fair. Money raised at both of those events will come back to our school!

### **Upcoming fundraisers:**

- Usborne greeting cards-October 23rd to November 6<sup>th</sup>
- Nature's Vision-February 26-March 11
- We are working on some more restaurant fundraisers that are similar to the Fajita Grill night.

### **Ongoing Fundraisers (little to no effort!):**

- Box Tops: Download the Box Tops app, choose FPS HSA, and simply scan your receipts for the purchase of qualifying products. That's it!
- Amazon Smile:Go to [smile.amazon.com](https://smile.amazon.com) and choose Fitzhugh Park HSA. Each time you order, just take 30 seconds to do that and we will receive a portion of your purchase. No extra cost to you.
- School Tools: Register your Advantage card on the Price Chopper website <https://www.pricechopper.com/savings/tools-schools/> and choose FPS. That's it!

Photo retakes are scheduled for November 5

If you are interested in being a part of our fundraising committee, please contact Shelly Sloan ([shelly.sloan@oswego.edu](mailto:shelly.sloan@oswego.edu)). We will also be in need of a president for next year (current President can mentor). If you have leadership skills that you want to use, please let us know!

Upcoming meetings:

November 4

February 10

April 20

All meetings are at 5pm in the FPS Library

Shelly Sloan-President

Jill Anzalone-Vice President

Lisa Glidden-Treasurer

Sandra Tsounis-Secretary



## What is Cyberbullying?

### Information for Parents

Many of our children and teens use computers in a variety of ways-- email, social networking, cell phones, on-line game devices and for school-related projects. It is important that adults have a good understanding of what cyber-bullying is. The National Association for School Psychologists defines Cyber-bullying as : an individual or group willfully using information and communication involving electronic technologies to facilitate deliberate and repeated harassment or threat to another individual or group by sending or positing cruel text and or graphics using technological means" (Mason, 2009, p. 323). Current estimates indicate that 20% to 35% of children and adolescents experience cyber-bullying (Diamandurons, Downs & Jenkins, 2008; Kowalski & Limber, 2007).

It is my hope that through this article, parents become more aware of cyber-bullying and that they play an important role in monitoring their child's use of electronic communications. Steps that can be taken by parents to reduce cyber-bulling include:

- Providing supportive communication between family members
- Parental monitoring of what sites your child accesses
- Limiting the personal information your child provides to others
- Creating family rules about electronic communication
- Using software programs to restrict access to specific sites
- Reducing time spent online without parental supervision

These general guidelines may be helpful to your family and may be helpful in facilitating discussions about internet safety and cyber-bullying with your children. Most importantly, let your children know that they can discuss cyber-bullying and with you at anytime and will be an advocate for them. If you would like further information on this or any other topic, please contact me at [rjames2@oswego.org](mailto:rjames2@oswego.org) or at 341-2440.

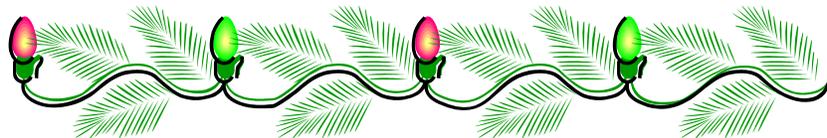


Physical Education News:

Just a reminder that students need to be wearing sneakers or bring sneakers with them to Physical Education every time they have PE. All Students have PE class every other day this year. We do have a "shoe rack" that students can borrow sneakers from if they are wearing socks and have forgotten sneakers that day. Leaving a pair of sneakers or a pair of socks in school or in a backpack at all times may help to insure that students are not sitting out of an activity because they wore the wrong shoes.

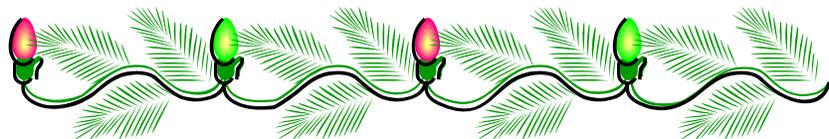
Thank you,

Mrs. Tubolino & Mr. Lavner



The Care and Share Committee has made a change in the application process. Please attend your students fall parent teacher conference to get your application.

Applications will only be handed out at the time of the conference



## Important Reminders:

- Students should arrive at school no earlier than 8:45 a.m. unless they are going to breakfast. The breakfast program begins at **8:25 a.m. for grades K-2**  
**8:35a.m for grades 3-6**
- **Students are not to bring skateboards, scooters, or rollerblades to school.**
- When picking up students at dismissal time, we ask that parents do not come to school before 3:30 p.m.
- Please note pick-up/drop off is on the 11th St. side of the building and at the small playground entrance.
- Any change in address or phone number(s) should be reported to the office immediately.
- We have had requests for students to either ride a bus, ride a different bus or get off at a different bus stop with another student for reasons such as; sleepovers, travel with teammates to sporting events, working on projects or other school activities. Please be advised that we are not able to do this.

## 4th Grade News

We had a great start to our year in 4th grade. We spent the first eight days talking about classroom and school wide expectations, modeling our expectations, and practicing them everyday. We also talked about the Seven Habits of Highly Effective Kids and created a classroom mission statement to live by throughout our school year. We also set classroom goals as well as personal and academic goals. We are excited this year to be working on our math and reading skills as well as learning about New York State and doing many fun and engaging science experiments. We look forward to working with all of our 4th grade students this year as well as their parents/guardians. We hope to have a successful and exciting year!

