

Jefferson-Lewis BOCES CPR and First Aid for Coaches

Schedule Summer 2025-Summer 2026

For CPR the course will be held at Jefferson Community College. The First Aid content only will be offered by Webex. The hands-on component of First Aid mannequin/breathing portion will be held in person at the Jefferson Community College, 1220 Coffeen Street, Watertown, NY, Jules Center, meet at the Bookstore lobby. Classroom number will be 111.

The certification office at the Jefferson-Lewis BOCES would like to have the paperwork in for the coaches by:

Fall sports – July 1

Winter sports – October 1

Spring sports – January 1

Classes will run if there is sufficient enrollment.

Summer 2025 CPR/First Aid Courses

CPR Initial/Update

Tuesday, June 10, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

Wednesday, July 16, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

Tuesday, August 12, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

First Aid Initial

Wednesday, July 2, 2025 4:00-8:00 p.m. Webex

Monday, July 7, 2025 4:00-8:00 p.m. Webex

Wednesday, July 9, 2025 4:00-8:00 p.m. Hands on portion in person

First Aid Initial

Friday, July 25, 2025 4:00-8:00 p.m. Webex

Friday, August 1, 2025 4:00-8:00 p.m. Webex

Thursday August 7, 2025 4:00-8:00 p.m. Hands on portion in person

First Aid Update Part 1

Friday, June 20, 2025 4:00 p.m.-7:30 p.m. Webex

Monday, July 14, 2025 4:00 p.m.-7:30 p.m. Webex

Thursday, August 14, 2025 4:00 p.m.-7:30 p.m. Webex

Part 2 (Hands on component in person)

Friday, June 27, 2025 4:30-6:30 p.m.

Monday, July 21, 2025 4:30-6:30 p.m.

Tuesday, August 19, 2025 4:30-6:30 p.m.

Fall 2025 CPR/First Aid Courses

CPR Initial/Update

Thursday, September 18, 2025 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial

Thursday, October 16, 2025 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial

Wednesday, November 12, 2025 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial

Saturday, December 13, 2025 9:00-12:00 p.m. CPR Update, 9:00-1:00 p.m. CPR Initial

First Aid Initial

Thursday, October 2, 2025 4:30 p.m.-8:30 p.m. Webex

Tuesday, October 7, 2025 4:30 p.m.-8:30 p.m. Webex

Thursday, October 9, 2025 4:30 p.m.-8:30 p.m. Hands on Component

First Aid Update Part 1

Tuesday, September 23, 2025 4:30-8:00 p.m. Webex

Monday, November 3, 2025 4:30-8:00 p.m. Webex

Part 2 (Hands on component in person)

Thursday, September 25, 2025 4:30-6:30 p.m.

Wednesday, November 5, 2025 4:30-6:30 p.m.

Winter 2026 CPR/First Aid Courses

CPR Initial/Update Part 1

Thursday, January 8, 2026 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Thursday, February 5, 2026 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. for CPR Initial

First Aid Initial – 12 hours

Thursday, January 15, 2026 4:30 p.m.-8:30 p.m. Webex
Tuesday, January 20, 2026 4:30 p.m.-8:30 p.m. Webex
Thursday, January 22, 2026 4:30 p.m.-8:30 p.m. **(Hands on component in person)**

First Aid Update Part 1

Tuesday, January 27, 2026 4:30-8:00 p.m. Webex
Tuesday, February 3, 2026 4:30-8:00 p.m. Webex

Part 2 (Hands on component in person)

Thursday, January 29, 2026 4:30-6:30 p.m.
Tuesday, February 10, 2026 4:30-6:30 p.m.

Summer 2026 CPR/First Aid Courses

CPR Initial/Update

Tuesday, June 9, 2026 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Wednesday, July 15, 2026 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Tuesday, August 4, 2026 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

First Aid Initial

Wednesday, July 1, 2026 4:00-8:00 p.m. Webex
Monday, July 6, 2026 4:00-8:00 p.m. Webex
Wednesday, July 8, 2026 4:00-8:00 p.m. Hands on portion in person

First Aid Initial

Thursday August 6, 2026 4:00-8:00 p.m. Webex
Tuesday, August 11, 2026 4:00-8:00 p.m. Webex
Thursday, August 13 2026 4:00-8:00 p.m. Hands on portion in person

First Aid Update Part 1

Thursday, June 4, 2026 4:00 p.m.-7:30 p.m. Webex
Tuesday, July 28, 2026 4:00 p.m.-7:30 p.m. Webex
Friday, August 14, 2026 4:00 p.m.-7:30 p.m. Webex

Part 2 (Hands on component in person)

Saturday, June 6, 2026 9:00-11:00 a.m.
Thursday, July 30, 2026 4:30 p.m.-6:30 p.m.
Saturday, August 15, 2026 9:00-11:00 a.m.

.The First Aid Initial course is 12 hours and the First Aid Update course is 5.5 hours. The CPR Initial course is four hours and the CPR Update course is three hours.

To register for classes, please contact Darcy Peterson at Jefferson-Lewis BOCES, 20104 State Route 3, Watertown, NY 13601 – 315-779-7015, e-mail dpeterson@boces.com. When you register, we will need the names of the coaches, cell phone number, email address, date of birth and last four digits of Social Security number. We have to have an enrollment of six coaches to run each course. If the school district request us to run the courses and we do not have the minimum enrollment, the cost of the course will be divided between the school districts. If a coach signs up for a course and does not come, the school district will still be billed for the coach that did not show up for the course.

Date: March 21, 2025