

## **JANUARY 2026**

Oswego City School District



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	Monday	Tuesday	Wednesday	Thursday	Friday
				No School	No School
	Cook's Choice	Chicken Quesadilla (Diced Chicken <b>0g</b> , Tortilla <b>24g</b> , Cheddar <b>0g</b> , Salsa <b>4g</b> , Sour Cream <b>4g</b> ) Baked Beans <b>45g</b>	Mini Corn Dogs <b>30g</b> Roasted Carrots <b>9g</b>	Ham <b>2g</b> , Egg <b>1g</b> & Cheese <b>1g</b> On a Croissant <b>29g</b> Hash Brown <b>18g</b>	Italian Dunkers (Hoagie Roll 28g, Mozzarella 3g) With Marinara 12g  Broccoli 5g
	Crispy Chicken Sandwich (Chicken Patty 12g, Hamburger Bun 23g)  Corn 17g	Walking Taco (Turkey Taco Meat <b>3g</b> , Doritos <b>20g</b> , Cheddar <b>0g</b> ) Baked Beans <b>45g</b>	Grilled Cheese <b>26g</b> With Tomato Soup <b>20g</b> Green Beans <b>4g</b>	BBQ Chicken (Chicken Pieces <b>0g</b> , BBQ Sauce <b>5g</b> ) With Mac & Cheese <b>16g</b> Roasted Sweet Potatoes <b>14g</b>	Cheese Pizza <b>27g</b> Broccoli <b>5g</b>
	No School	Chicken Quesadilla (Diced Chicken <b>0g</b> , Tortilla <b>24g</b> , Cheddar <b>0g</b> , Salsa <b>4g</b> , Sour Cream <b>4g</b> ) Corn <b>17g</b>	Hot Dog 1g On a Bun 26g Baked Beans 45g	Hot Ham 2g & Cheese 1g On a Pretzel Bun 29g Roasted Carrots 9g	Cheesy Pizza Crunchers 41g  Broccoli 5g
2	Cheeseburger (Burger <b>0g</b> , Cheese <b>1g</b> ) On a Bun <b>23g</b> Peas <b>6g</b>	Meatball Sub (Meatballs 3g, Spaghetti Sauce 12g, Mozza- rella 3g, Hoagie Roll 28g) Roasted Carrots 9g	Chicken Alfredo (Popcorn Chicken <b>14g</b> , Alfredo Sauce <b>3g</b> ) Over Pasta <b>15g</b> Broccoli <b>5g</b>	Mashed Potato Bowl (Popcorn Chicken 14g, Mashed Potatoes 17g, Gravy 4g, Cheddar 0g) Corn 17g	Cheese Pizza <b>27g</b> Green Beans <b>4g</b>

Milk and fruit selection included with all meals – Menu subject to change without notice – "USDA is an Equal Opportunity Provider and Employer"

