


Monday

Hot Dog **1g**
On a Bun **26g**

Garden Salad **6g**
Lite Italian Dressing **1g**

Crispy Chicken Sandwich
(Chicken Patty **12g**,
Hamburger Bun **23g**)

Green Beans **4g**

Popcorn Chicken **14g**
Goldfish **14g**

Green Beans **4g**

Cook's Choice

Have a fantastic summer!

Tuesday

Mashed Potato Bowl
(Popcorn Chicken **14g**,
Mashed Potatoes **17g**,
Gravy **4g**, Cheddar **0g**)
Corn **17g**

Walking Taco (Turkey Taco
Meat **3g**, Doritos **20g**, Cheddar
0g)

Baked Beans **45g**

Chicken Quesadilla (Diced
Chicken **0g**, Tortilla **24g**,
Cheddar **0g**, Salsa **4g**)

Baked Beans **45g**

Cook's Choice

Wednesday

Meatball Sub (Meatballs **3g**,
Spaghetti Sauce **12g**, Mozza-
rella **3g**, Hoagie Roll **28g**)

Green Beans **4g**

BBQ Chicken (Chicken Pieces
0g, BBQ Sauce **5g**)
Breadstick **15g**
Garden Salad **6g**
Lite Italian Dressing **1g**

Cheeseburger (Burger **0g**,
Cheese **1g**)
On a Bun **23g**
Fresh Baby Carrots **3.7g**
With Ranch Dressing **1g**

Half Day K-8 – Bagged Lunch
Turkey Sandwich (Turkey **5g**,
Cheese **1g**, Sandwich Bread
24g)
Or Uncrustable (PB&J) **32g**

Thursday

Ham **2g**, Egg **1g** & Cheese **1g**
On an English Muffin **21g**

Hash Brown Rounds **15g**

Pulled Pork Sandwich
(Pulled Pork **1.6g**, BBQ Sauce
5g, Hamburger Bun **23g**)

Roasted Carrots **9g**

No School

Half Day K-8 – Bagged Lunch
Turkey Sandwich (Turkey **5g**,
Cheese **1g**, Sandwich Bread
24g)
Or Uncrustable (PB&J) **32g**

Friday

Cheese Pizza **27g**
Roasted Broccoli **5g**

Italian Dunkers (Hoagie Roll
28g, Mozzarella **3g**)
With Marinara **12g**

Roasted Broccoli **5g**

Cook's Choice

Half Day K-8 – Bagged Lunch
Turkey Sandwich (Turkey **5g**,
Cheese **1g**, Sandwich Bread
24g)
Or Uncrustable (PB&J) **32g**

