



Monday

Tuesday

Wednesday

Thursday

Friday

6
Meatball Sub (Meatballs **3g**, marinara **10g**, mozz cheese **3g**, roll **32g**)
Green Beans **6g**

7
Chicken Quesadilla (Chicken **0g**, wrap **24g**, cheddar **0g**)
Corn **25.5g**

8
Grilled Cheese **26g** with Tomato Soup **20g**
Carrots **9g**

9
½ Day Bagged Lunch
Turkey*, Ham** or Uncrustable **32g**

10
Veteran's Day
No School

13
Cook's Choice

14
Chicken & Veggie Dumplings **31g**,
Sweet chili sauce **8g**
Peas **6g**

15
Teriyaki Chicken **20g**
Veggie "Fried" Rice **18g**
Carrots **9g**

16
"Thanksgiving Feast"
Turkey **.5g** & Gravy **4g**
Mashed Potatoes **17g**, Corn **25.5g**, Stuffing **12g**, Cranberry Sauce **7g**

17
½ Day Bagged Lunch
Turkey*, Ham** or Uncrustable **32g**

20
½ Day Bagged Lunch
Turkey*, Ham** or Uncrustable **32g**

21
½ Day Bagged Lunch
Turkey*, Ham** or Uncrustable **32g**

22
No School

23
No School
Happy Thanksgiving!

24
No School

27
Cheeseburger (Burger **0g**, cheese **1g**)
On a Bun **29g**
French Fries **19g**

28
Chicken Quesadilla (Chicken **0g**, wrap **24g**, cheddar **0g**)
Corn **25.5g**

29
Orange Chicken **25g**
Veggie "Fried" Rice **18g**
Carrots **9g**

30
Sabrett Hot Dog **1g**
On a Bun **29g**
Green Beans **6g**



Milk and fruit selection included with all meals – Menu subject to change without notice – "USDA is an Equal Opportunity Provider and Employer"

*Turkey **0g**, Cheese **1g**, 2 bread slices **24g**

Ham **2g, Cheese **1g**, 2 bread slices **24g**

