



# SEPTEMBER 2025

Oswego City School District



Monday

Tuesday

Wednesday

Thursday

Friday

1

No School

2

No School

3

No School

4

Cheeseburger (Burger **0g**,  
Cheese **1g**) on a Bun **23g**

French Fries **23g**

5

Cheese Pizza **27g**

Broccoli **5g**

8

Crispy Chicken Sandwich  
(Chicken Patty **12g**,  
Hamburger Bun **23g**)

Baked Beans **45g**

9

Grilled Cheese **26g**  
With Tomato Soup **20g**

Green Beans **4g**

10

Meatball Sub (Meatballs **3g**,  
Spaghetti Sauce **12g**, Mozza-  
rella **3g**, Hoagie Roll **28g**)

Corn **17g**

11

Orange Chicken (Popcorn  
Chicken **14g**, Orange Sauce **9g**)  
Veggie "Fried" Rice **18g**  
Roasted Carrots **9g**

12

Italian Dunkers (Hoagie Roll  
**28g**, Mozzarella **3g**)  
With Marinara **12g**

Broccoli **5g**

15

Popcorn Chicken **14g**  
Goldfish **14g**

Corn **17g**

16

Ham **2g**, Egg **1g** & Cheese **1g**  
On an English Muffin **21g**

Hash Brown **18g**

17

Hoffman Hot Dog **1g**  
On a Bun **26g**

Green Beans **4g**

18

Chicken Parm Sandwich  
(Chicken Patty **12g**, Spaghetti  
Sauce **12g**, Mozzarella **3g**,  
Bun **23g**)

Roasted Carrots **9g**

19

Cheesy Pizza Crunchers **41g**

Broccoli **5g**

22

Hot Ham **2g** & Cheese **1g**  
On a Pretzel Bun **29g**

Baked Beans **45g**

23

Pasta **45g** with Meatballs  
(Meatballs **3g**, Spaghetti  
Sauce **12g**)

Green Beans **4g**

24

Pulled Pork Sandwich  
(Pulled Pork **1.6g**, BBQ Sauce  
**5g**, Hamburger Bun **23g**)

Roasted Sweet Potatoes **14g**

25

Turkey Sub (Turkey **5g**,  
Cheese **1g**, Hoagie Roll **28g**)

Fresh Baby Carrots **3.7g**  
With Ranch Dip **1g**

26

Cheese Pizza **27g**

Corn **17g**

29

Chicken Alfredo (Popcorn  
Chicken **14g**, Alfredo Sauce **3g**)  
Over Pasta **15g**

Broccoli **5g**

30

Walking Taco (Turkey Taco  
Meat **3g**, Doritos **20g**,  
Cheddar **0g**)

Baked Beans **45g**



Milk and fruit selection included with all meals – Menu subject to change without notice – "USDA is an Equal Opportunity Provider and Employer"



PAY FOR MEALS ONLINE  
MySchoolBucks.com